



Visiting
Nurse and
Community
Health

Home Health Care ■ Hospice Care ■ Private Care



FOR IMMEDIATE RELEASE

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Arlington-based Home Health Care Agency Focuses on Home Safety

Visiting Nurse and Community Health Warns: Don't Fall Victim to A Fall

Falls severely injure, and sometimes kill, people of all ages. As a result, Visiting Nurse and Community Health, Inc. (VNCH), of Arlington, has developed an awareness presentation that will hopefully help stem injuries due to falls. The presentation is now available to all interested companies and organizations in the 22 eastern Massachusetts communities VNCH serves.

This timely presentation, which blends common sense and humor to address this often debilitating occurrence, is a "how to avoid" falls in the home and surrounding outside areas. It details everyday hazards and offers easy-to-implement solutions. Additionally, VNCH has compiled a Falls Safety Checklist that accompanies the presentation, and complete home safety evaluations by a VNCH physical therapist are also available.

Those interested in learning more about VNCH's Falls Prevention presentation and evaluation program should contact: Karen Breehey, VNCH Marketing, PR and Development manager, at 781-643-6090, ext. 1204.

For over 110 years, VNCH has been acknowledged as the preeminent home health care provider in eastern Massachusetts. It has a deep-rooted tradition of providing its patients and the communities it serves with compassionate, quality home care, and unparalleled health care expertise. VNCH's response to questions and concerns is immediate and knowledgeable, and its medical technology is state-of-the-art. To underscore its commitment to quality health care, VNCH has the distinction of being ranked in the Top 500 (out of more than 8,000) home health care providers nationwide. To learn more about VNCH, visit the agency's website at www.TheVisitingNurses.com.

VNCH serves the following communities: Arlington, Bedford, Belmont, Billerica, Burlington, Cambridge, Carlisle, Concord, Everett, Lexington, Lincoln, Malden, Medford, Melrose, Somerville, Stoneham, Wakefield, Waltham, Watertown, Wilmington, Winchester, and Woburn.

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