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## **Arlington-based Home Health Care Agency Focuses on Home Safety**

### *Visiting Nurse and Community Health Warns: Don't Fall Victim to A Fall*

**ARLINGTON, MA – August 11, 2005** – Falls severely injure, and sometimes kill, people of all ages. As a result, Visiting Nurse and Community Health, Inc. (VNCH), of Arlington, has developed an awareness presentation that will hopefully help stem injuries due to falls. The presentation is now available to all interested companies and organizations in the 33 Eastern Massachusetts communities VNCH serves.

This timely presentation, which blends common sense and humor to address this often debilitating occurrence, is a “how to avoid” falls in the home and surrounding outside areas. It details everyday hazards and offers easy-to-implement solutions. Additionally, VNCH has compiled a Falls Safety Checklist that accompanies the presentation, and complete home safety evaluations by a VNCH physical therapist are also available.

Those interested in learning more about VNCH's Falls Prevention presentation and evaluation program should contact: Karen Breehey, VNCH Marketing, PR and Development manager, at 781-643-6090, ext. 212. For over 100 years, VNCH has been acknowledged as the preeminent home health care provider in Eastern Massachusetts. It has a deep-rooted tradition of providing its patients, and the 33 communities it serves, with compassionate, quality home care, and unparalleled health care expertise. VNCH's response to questions and concerns is immediate and knowledgeable, and its medical technology is state-of-the-art.

VNCH serves the following communities: Acton, Arlington, Bedford, Belmont, Billerica, Boxboro, Burlington, Cambridge, Carlisle, Chelsea, Concord, Everett, Lexington, Lincoln, Malden, Medford, Melrose, Newton, North Reading, Reading, Revere, Somerville, Stoneham, Tewksbury, Wakefield, Waltham, Watertown, Wayland, Wellesley, Weston, Wilmington, Winchester, and Woburn.

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