



Visiting
Nurse and
Community
Health

Home Health Care ■ Hospice Care ■ Private Care



FOR IMMEDIATE RELEASE

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Visiting Nurse and Community Health Receives Boston Evening Clinic Foundation Grant

ARLINGTON, MA – March 11, 2011 – Visiting Nurse and Community Health, Inc. (VNCH) has been awarded a \$5,000 grant from the Boston Evening Clinic Foundation to support the expansion of VNCH's Telehealth Program. The program monitors many cardiac patients with diagnoses such as Congestive Heart Failure (CHF) and Chronic Obstructive Pulmonary Disease (COPD). Both of these cardiac conditions are among the top admission diagnoses for hospitals. Our goal for every patient is to keep them in their home and out of the hospital.

According to Christine Dixon, VNCH's Chief Executive Officer, "We are grateful to the Boston Evening Clinic Foundation for recognizing the importance our Telehealth Program has on the well-being of our CHF and COPD patients. As a non-profit agency, we rely heavily on the financial support, such as what we receive from grants, to help us further our mission of providing our patients with the highest quality home health care available."

VNCH's CHF Program uses telehealth as a clinical tool to help with the goal of avoiding hospitalizations and emergency room visits through remote monitoring of homebound patients' blood pressure, heart rate, weight, oxygen level, and temperature. Each telehealth patient is monitored 7 days a week by a VNCH registered nurse, who works in partnership with a primary care physician. The patient's primary care nurse is responsible for his/her cardiac assessment, medication teaching, and any other healthcare needs he/she may have. Additionally, VNCH's telehealth nurse performs a daily review of all information obtained from monitored patients. Any fluctuations result in a phone call to the patient to check on his/her status, and a follow-up call to the patient's primary care nurse and/or physician, as indicated by the situation.

For more information about our Telehealth Program and other specialty programs that promote the health and well-being of our patients, please call us at 781-643-6090.

About VNCH

For over 110 years, VNCH, a 501(c)(3) non-profit, has had a deep rooted tradition of providing quality care to patients in their homes. Awarded for its quality ranking in the Top 25% of home care providers nationally, VNCH is committed to using modern, state-of-the art medical technology to help us achieve our goals. To learn more about VNCH, visit the agency's website at www.TheVisitingNurses.com.

VNCH serves the following communities: Acton, Arlington, Bedford, Belmont, Billerica, Burlington, Cambridge, Carlisle, Chelsea, Concord, Everett, Lexington, Lincoln, Malden, Medford, Melrose, Newton, Revere, Somerville, Stoneham, Wakefield, Waltham, Watertown, Wayland, Weston, Wilmington, Winchester, and Woburn.

– more –

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About the Boston Evening Clinic Foundation

In 1927, Dr. Morris Cohen founded the Boston Evening Clinic with the mission to provide medical, surgical and mental health care during the evenings for the working poor. Workers and their families received quality care during convenient hours, and no patient was turned away for lack of funds. Almost two generations later in 1964, the mission remained the same as the clinic celebrated its millionth patient and its continued presence in Boston's Back Bay. Renamed the Boston Evening Medical Center during the 1970s, the medical practice was acquired by Massachusetts General Hospital in 1998. After the clinic stopped providing direct medical services, the Boston Evening Clinic Foundation was created by the clinic's Board of Directors.

The foundation continues the mission of the clinic and is the torch-bearer for Dr. Cohen's legacy, no longer through direct patient care, but through grants to other charitable organizations that promote medical education or provide health care focusing on the medical needs of low-income persons, their families and the elderly.

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